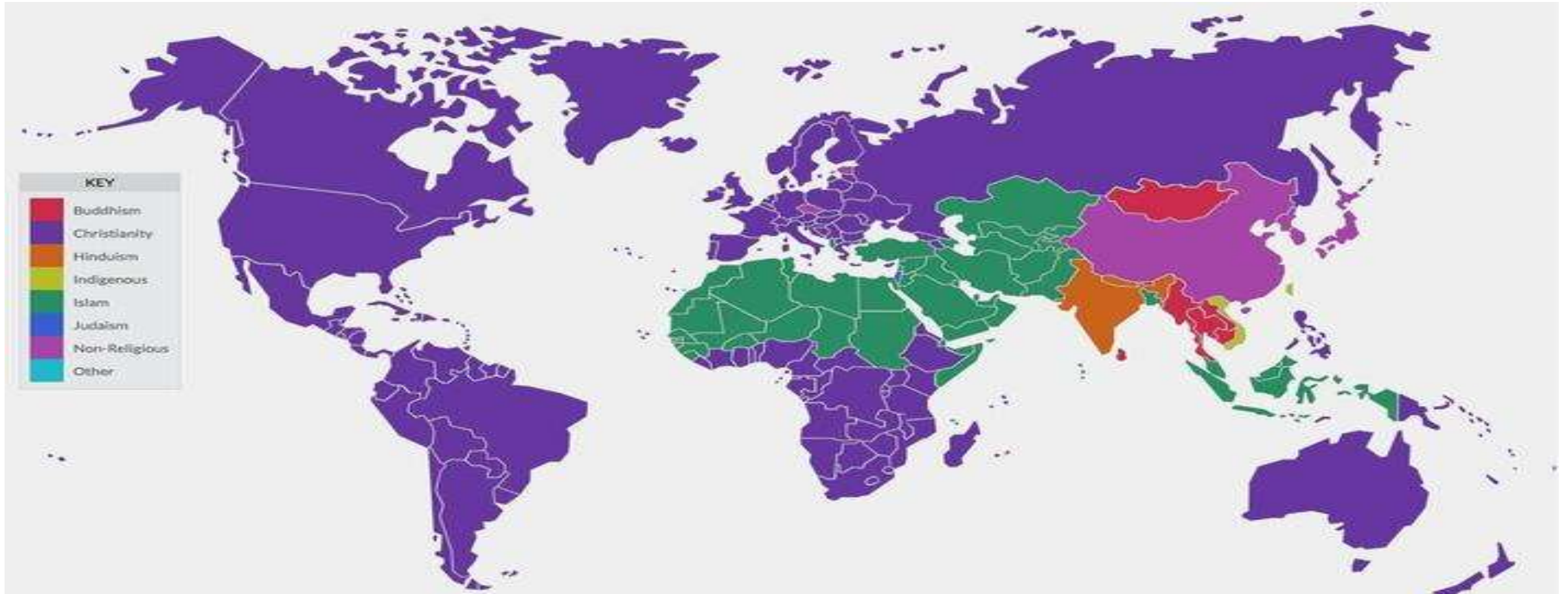


# The Origins of Hinduism and Buddhism

## Chapter 3

### #1



# Hinduism

- Collection of religious beliefs developing in Asia.
- Use the Vedas
- Cannot be traced back to one founder with a single set of ideas
- See religion as a way of liberating the soul from the illusions, disappointments, and mistakes of everyday existence.





# Upanishads

- Book of translated beliefs
- Explores how people can achieve liberation from desires and suffering
- Moksha – state of perfect understanding of all things
- Atman- the individual soul of a living being = Brahman – world soul that contains and unites all atmans.
- Common belief that everything in the world is in the aspect of Brahman.
- Most don't achieve Moksha = Achieved = Reincarnation = Karma- good or bad deeds influences specific life circumstances



# Hindu Religious Practices

- Worship – temples, small villages, and at home. Individual worshipers might offer food, drink, or gifts to a god.
- Meditation – Physical and mental exercise called yoga. Teaches people how to focus their bodies and minds which will aid to help them attain moksha.
- Pilgrimage- Ganges River, believe the water is holy, it will purify them, and remove bad karma.
- Society- where you are born in society came from good or bad karma earned in a former life.



# Buddhism



- Developed in India
- One founder Siddhartha Gautama also known as Buddha(enlightened one)
- 29 years old Siddhartha spent his life searching for religious truth and an end to life's suffering.
- Wandered through the forests of India for six years seeking enlightenment.
- Journey – debated with other religions, fasted (ate 6 grains of rice a day), and meditation.



# Teachings

- Four Noble Truths = Enlightenment
- Eightfold Path= Nirvana, release selfishness and pain

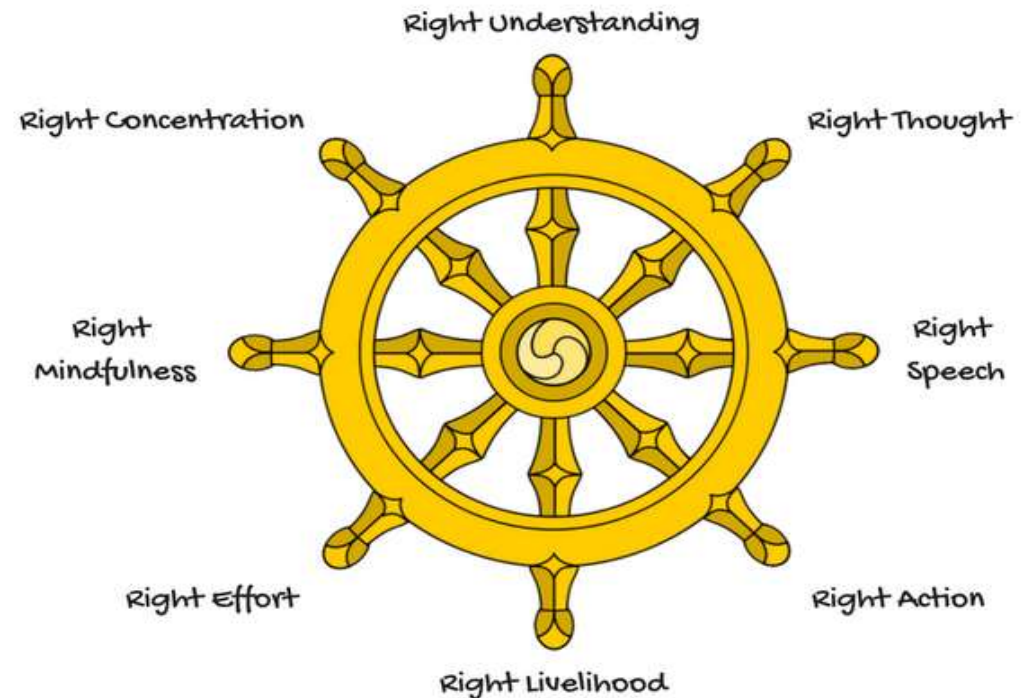
<https://www.youtube.com/watch?v=8Nn5uqE3C9w>

Meditation - <https://www.youtube.com/watch?v=3RxXiFgkxGc>



## The 4 Noble Truths

1. Life is Suffering
2. Suffering comes from desire for things/people.
3. Desire must be overcome to end suffering.
4. To end desire, follow the 8 Fold Path



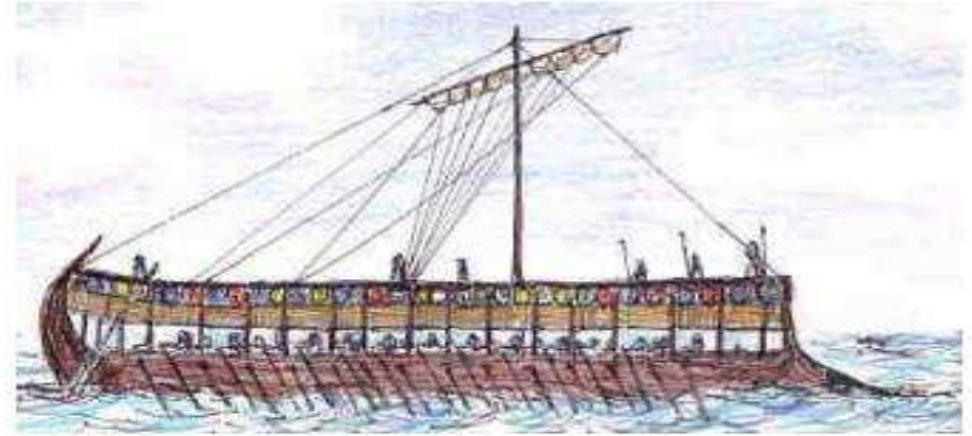
# Seafaring Traders

## # 2

### Seafaring Traders



Minoan Trading Ship



Phoenician Trading Ship

# Minoans

- Powerful seafaring people, dominated trade Eastern Mediterranean from 2000 to 1400 BC
- Lived on Crete, large island on the Aegean Sea.
- Produced the finest painted pottery, swords, figurines, and vessels of metals.
- Legend- King Minos owned a Minotaur, kept it in a labyrinth (complicated maze).
- People enjoyed boxing, wrestling, and bull leaping.





# Minoans Culture

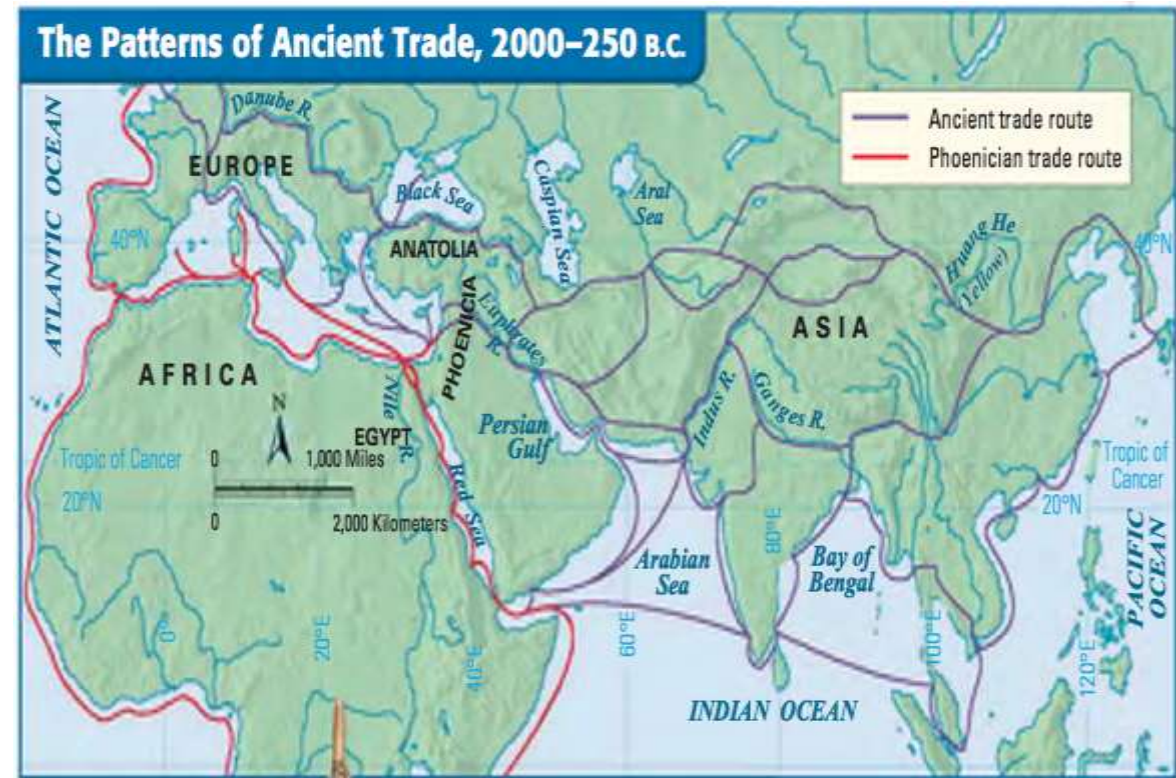
- People enjoyed boxing, wrestling, and bull leaping.
- Women preformed religious ceremonies. Higher rank than most early civilizations.
- Mother Earth Goddess ruled all the other gods of Crete.
- Egyptians through trade influenced the Minoans (writing, food, and religion).
- Civilization ends 1200 BC- volcano, tidal wave and ash.





# Phoenicians'

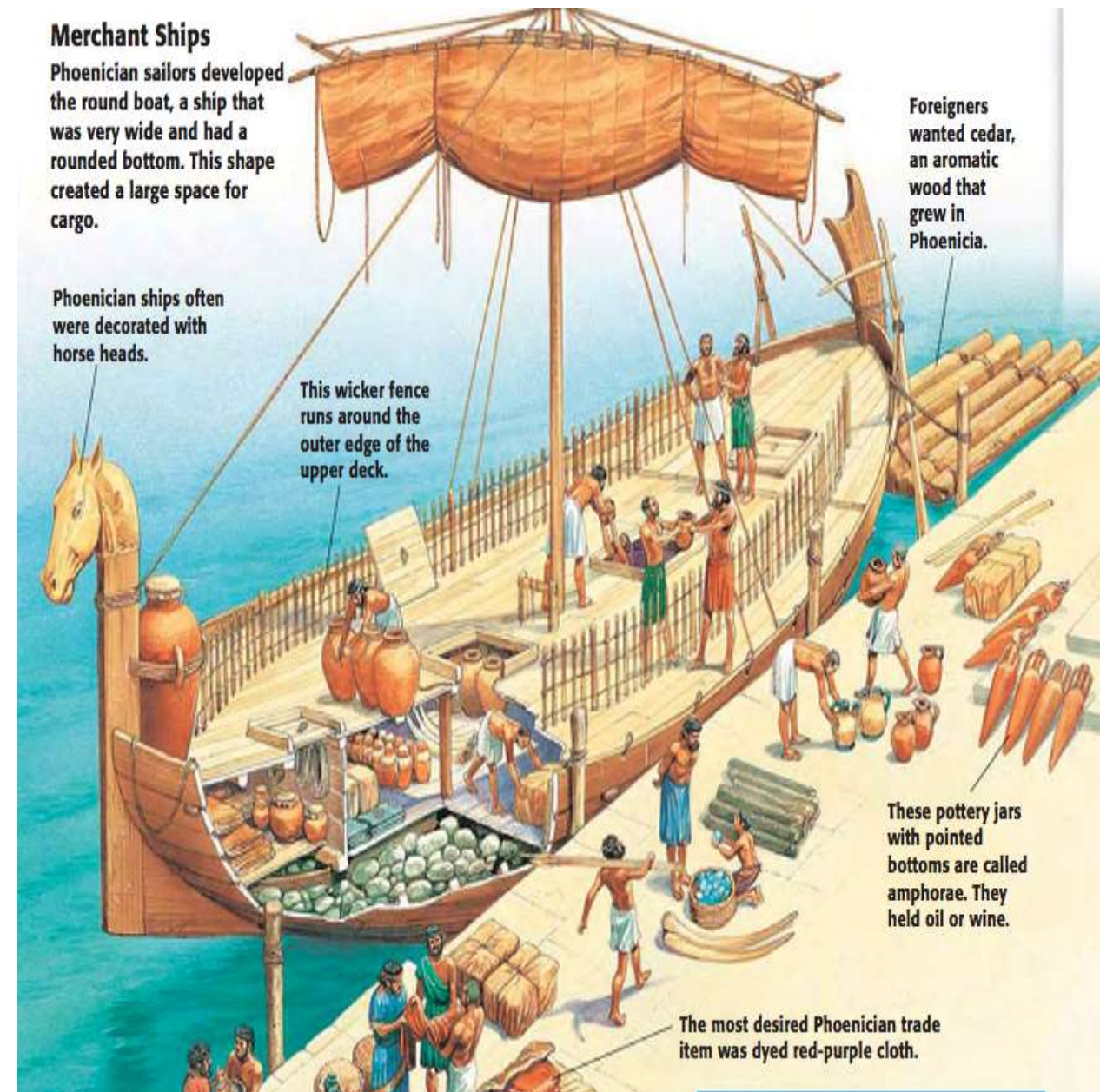
- Most powerful sea traders
- Controlled modern day Lebanon.
- Founded a number of city-states that competed with each other.
- First to sail southern coast of Britain, and around Africa.





# Phoenician Culture

- Traded red-purple dye (snail 60,000, 1lbs), papyrus, wine, weapons, metals, ivory, and slaves.
- Developed a system of writing that used symbols to represent sounds. Phonetic- one sign used for one sound.
- Word alphabet comes Phoenicians.
- Introduced writing system to trading partners.
- Expanded world trade routes. Egypt to Asia.
- Cities were captured by the Assyrians.





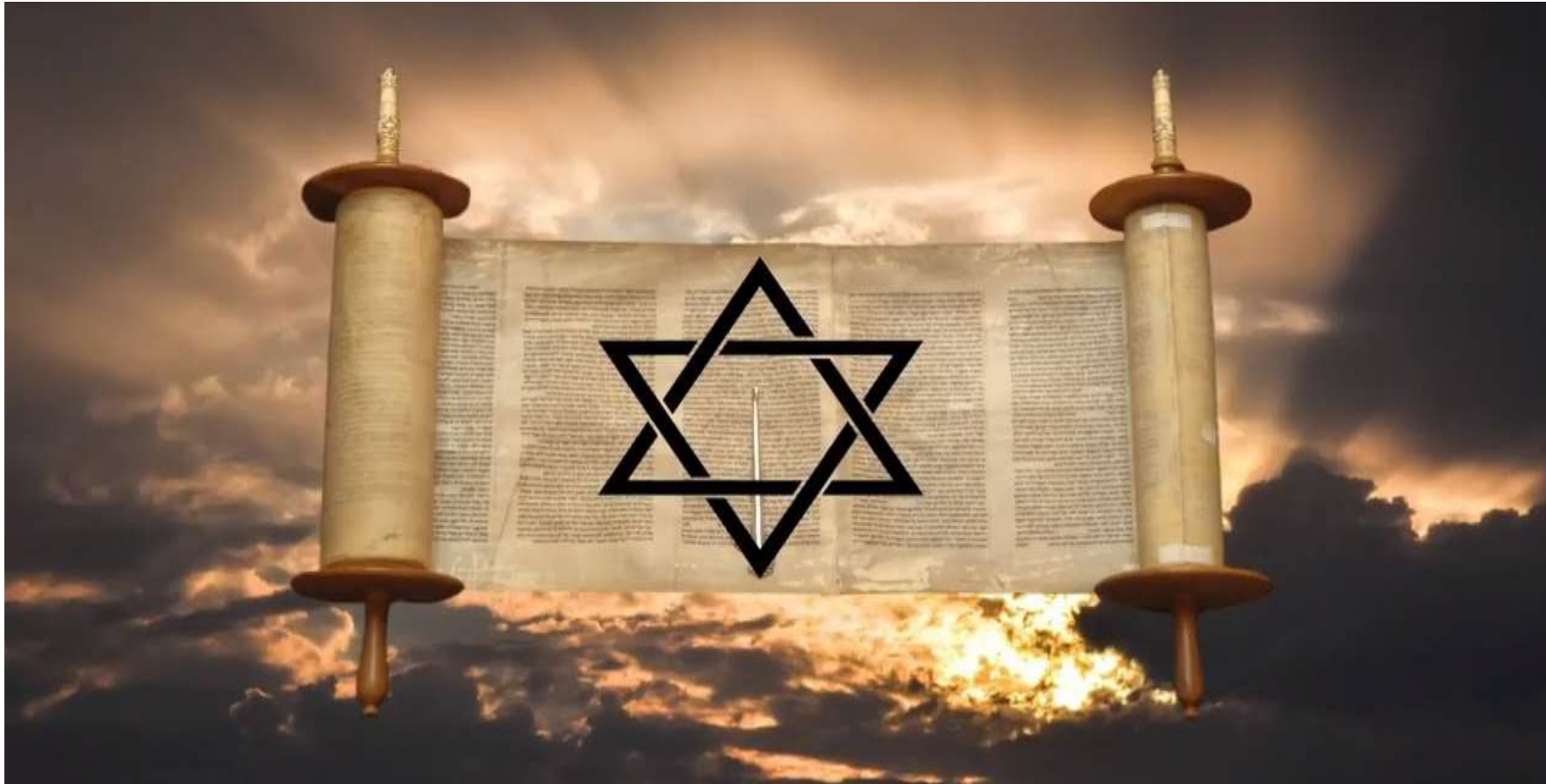
# PHOENICIAN ALPHABET

 alf	 bet	 gaml	 delt
 he	 wau	 zai	 het
 tet	 yod	 kaf	 lamd
 mem	 nun	 semk	 ain
 pe	 sade	 qof	 rosh
 shin	 tau		

- [https://www.youtube.com/watch?v=ojiOLBt7q\\_Y](https://www.youtube.com/watch?v=ojiOLBt7q_Y)
- Phoenician video

# Origins of Judaism

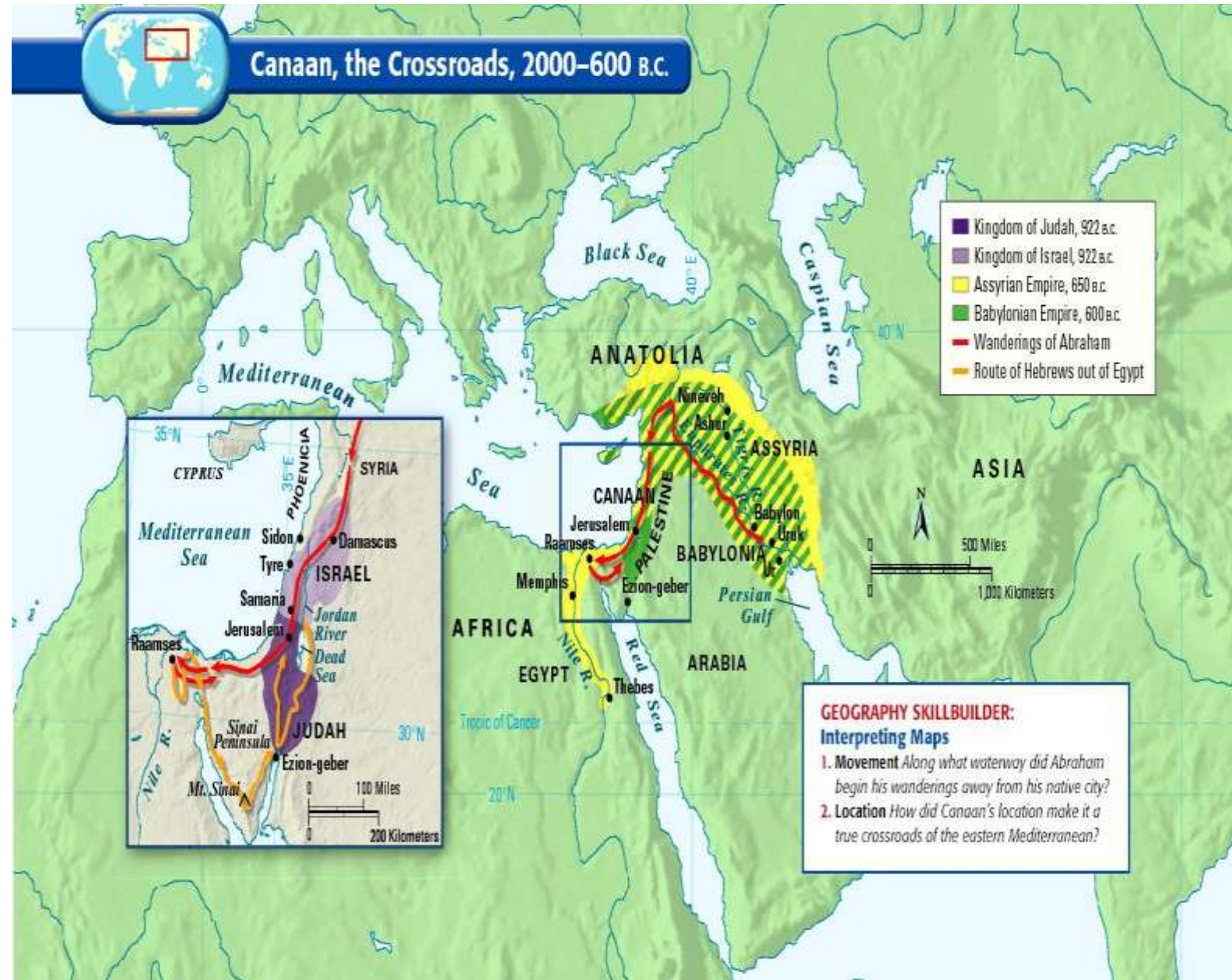
## Notes # 3





# Canaan (KAY nuhn)

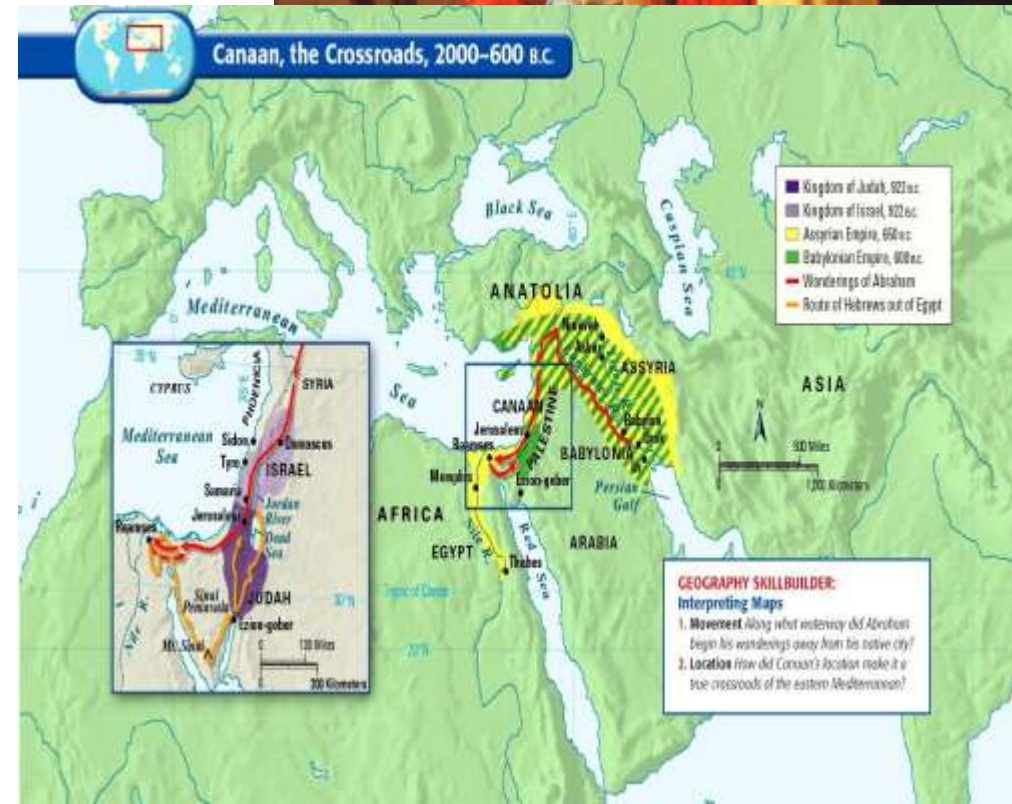
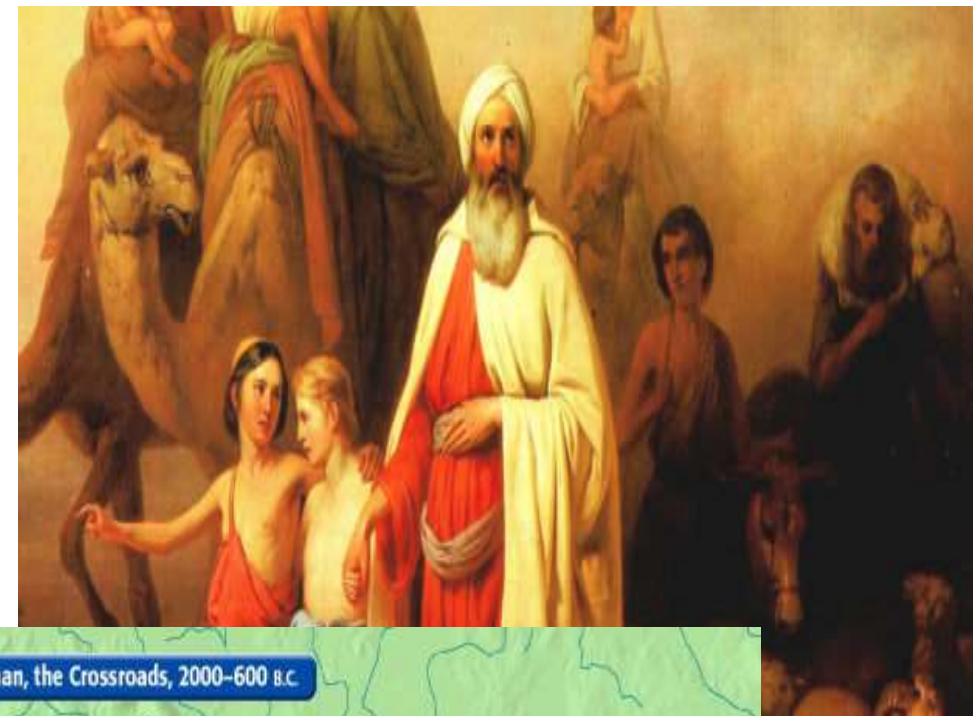
- Cultural crossroad. By land it connected Asia and Africa, by sea Mediterranean and Red Seas.
- Israelites settled Canaan
- Early history is contained in the Hebrew Bible – Torah





# Founding

- God chose Abraham to be the “father” of the Jewish people.
- Abraham was a shepherd and God commanded him to move his people from Ur to Canaan 1800 BC.
- Descendants of Abraham moved to Egypt. Migrated back and forth for years. God watched over them.
- Monotheistic- God had power over all the people, not a physical being.
- Israelites asked God for protection, sacrifices for protection. Mutual promise.



# Exodus

- Hebrew Bible says the Israelites migrated to Egypt, first given a place to honor Egyptian kingdom, later forced into slavery.
- Israelites fled Egypt – Exodus and they remember this event every year during Passover. 600,000 people 40 years.
- Prophet Moses led Israelites out of slavery.
- Israelites were traveling across the Sinai Peninsula. Moses stop to pray and spoke with God. Brought down 2 stone tablets on which God had written the Ten Commandments.
- Basis for the civil and religious laws of Judaism.
- Judaism influenced Christianity and Islam.





# Kingdom of Israel

- Canaan- land that the Israelites believed had been promised to them by God.
- United Canaan under 3 kings and called the new kingdom Israel. Built capital of Jerusalem.
- Built a great temple to glorify God, contained the tablets of Moses' law.
- City feud over finances and labor. Divided in to two cites- Israel in the North, Judah in the south = where name of religion comes from.





# Unification of China # 4

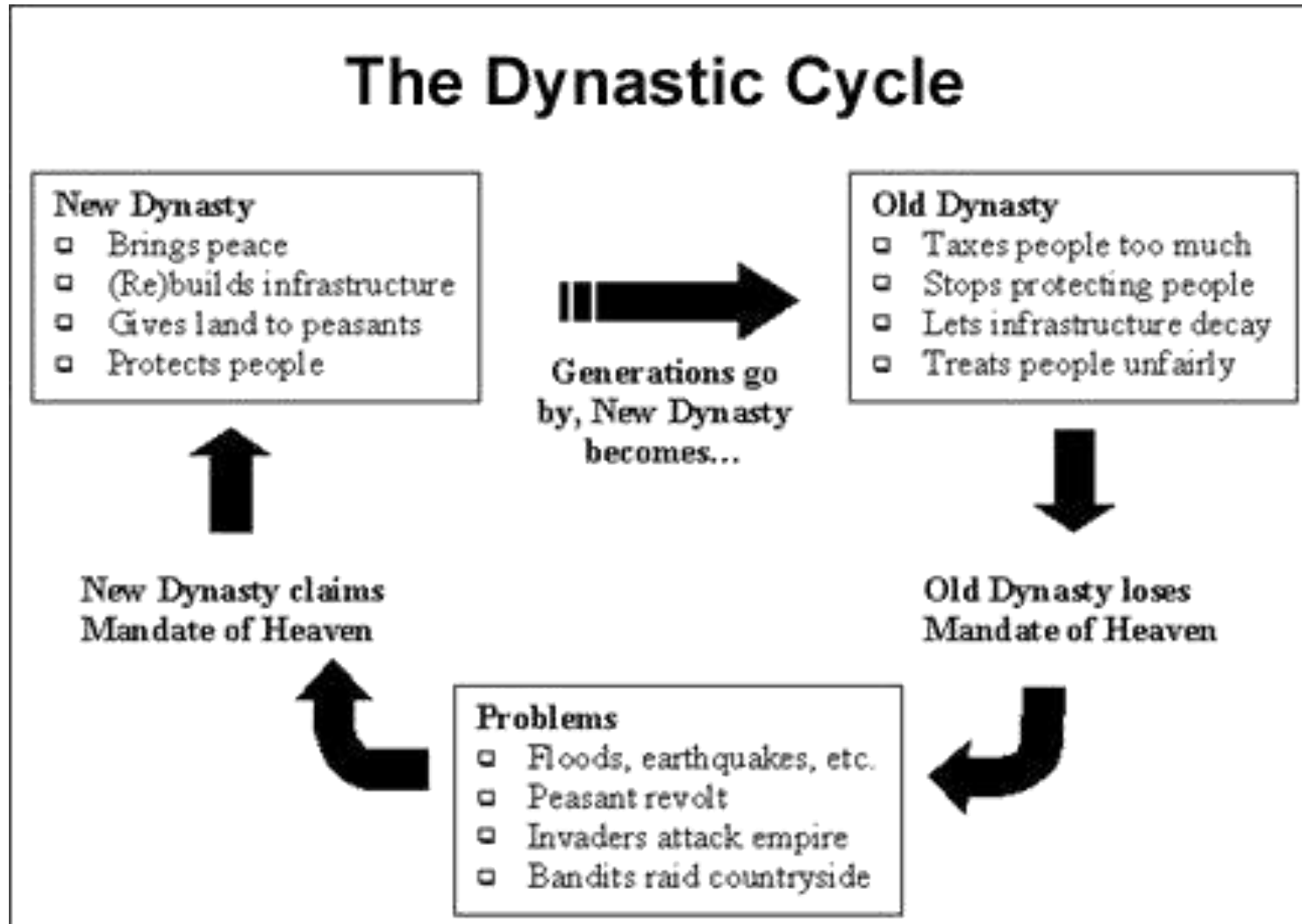


# Geography Early Chinese Civilization

- Largest population of any civilization
- More than 50 ethnic groups
- Yellow River – 2,900 miles
- Yangtze River – 3,400 miles empties to Yellow Sea
- Mountains and deserts isolated Chinese from other parts of Asia



Dynasty-a family of rulers who right to rule is passed on within the family





# Confucian and social order

551 -479 B.C. Minister of Justice

- He believed that social order, harmony, and a good government could restore China if there were 5 basics...
    1. ruler and subject
    2. father and son
    3. husband and wife
    4. older brother and younger brother
    5. friend and friend
- Spent his life teaching students about kindness and courtesy



# Confucianism

- Not a religion but an ethical practice based on right and wrong
- Became foundation for Chinese government and social order
- Education is important both to the welfare of the individual and to society

## The Sayings of Confucius



LoyalBooks.com

- “Wherever you go, go with all your heart.”
- “Study the past, if you would divine the future.”
- “Study the past, if you would divine the future.”
- “There are three methods to gaining wisdom. The first is reflection, which is the highest. The second is limitation, which is the easiest. The third is experience, which is the bitterest.”
- “Choose a job you love, and you will never have to work a day in your life.”



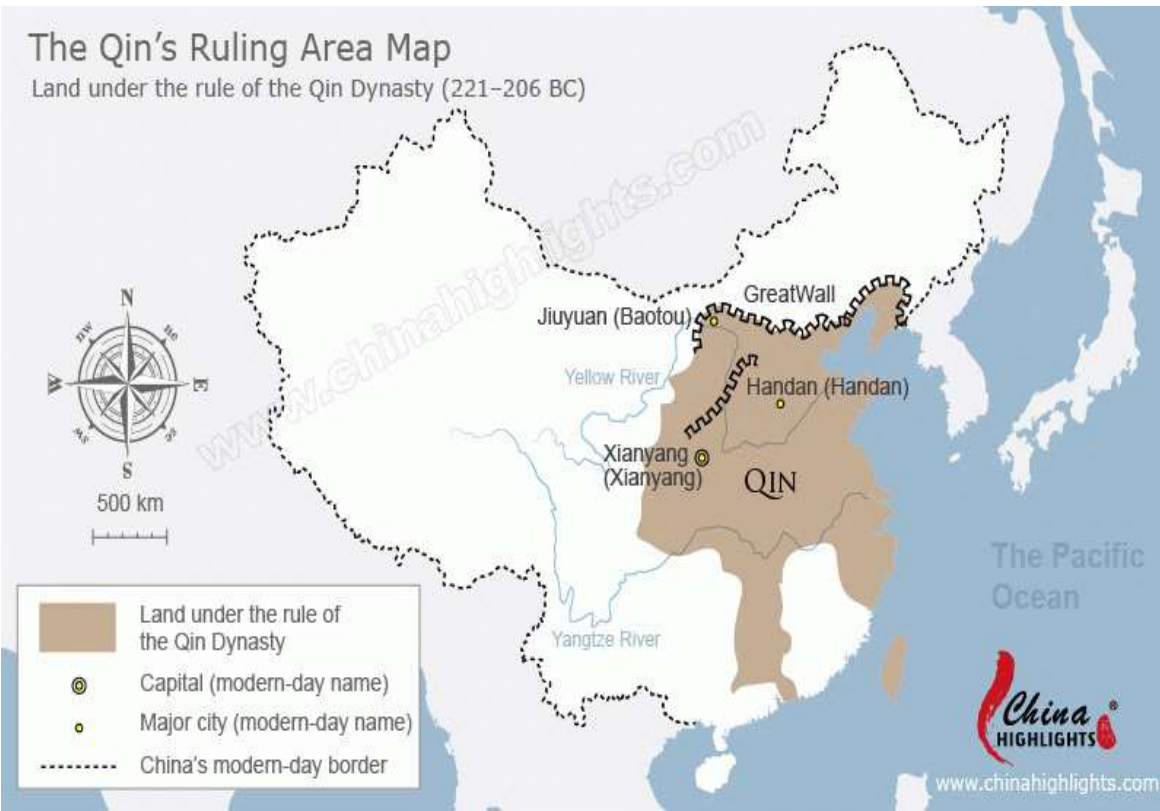
# Qin Dynasty- 221 B.C.

- Defeated invaders – doubled the size of China
- Crushed those who resisted Chinese rule
- Strengthened military
- Burned “useless books” wrote by Confucian thinkers, murdered Confucian scholars
- Government had totally authority – autocracy



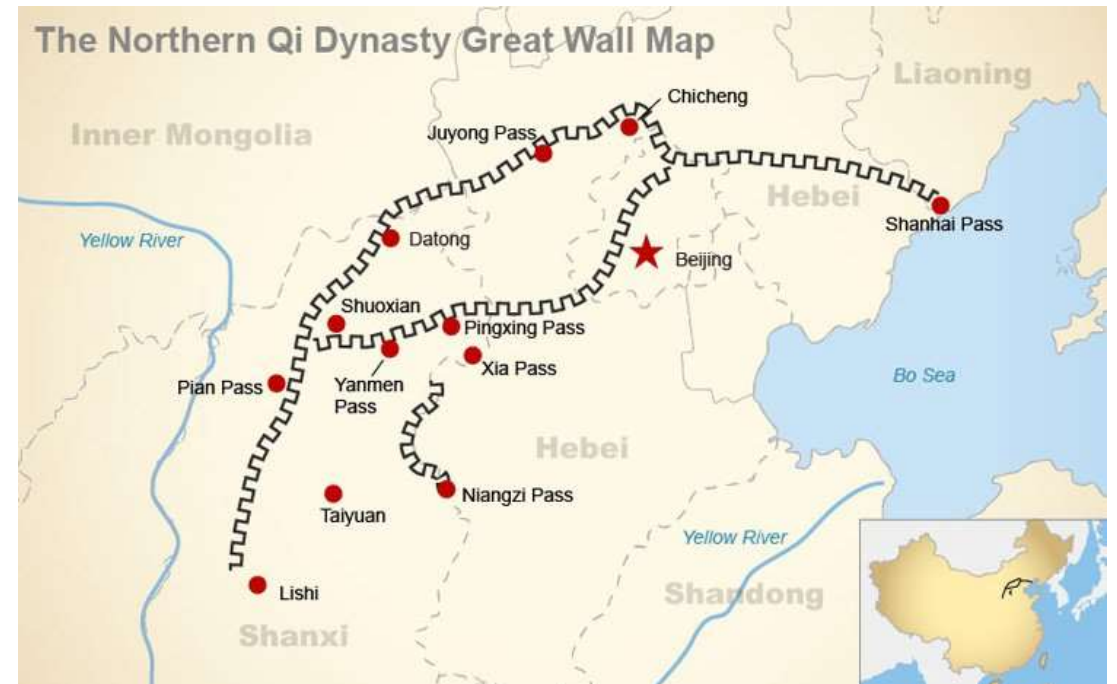
The Qin's Ruling Area Map

Land under the rule of the Qin Dynasty (221–206 BC)



# Qin Dynasty- 221 B.C. Continued

- Centralization = built 4,000 miles of highway, standards for writing, law, and currency.
- Created irrigation systems for farm production
- Great Wall of China – huge defensive wall, almost the length of the entire empire, built by peasants, worked for no wages, many labors died while building.
- Qin Dynasty unified China at the expense of human freedom





# Great Wall Facts

- Stretches from the Yellow Sea in the east to the Gobi Desert in the West.
- Thousands of miles long
- Watch towers every 200 -300 yards
- Took millions of tons of stone, dirt and rubble to fill the core.
- Each section is 20-25 feet tall
- Took over 2,000 years to build
- [https://www.youtube.com/watch?v=4c\\_ADqshdSA](https://www.youtube.com/watch?v=4c_ADqshdSA)

